

Final - PROGRESS REPORT Alexander Technique II

Student:

Section: 2A

1Y Fall 2010

Los Angeles & New York Instructor: Mr. da Silveira

Term: Term 3

Assessment of A	Alexander Te	chnique II	Goals:		
GOAL The student demonstrates:	Excellent High level of achievement	Above Average Above average progress and level of achievement	Average Moderate progress and average level	Below average Little progress and/or	Failing Serious problems with little or no attempt to
Ability to		achievement	of achievement	achievement	correct them
describe patterns					
of tension and					
collapse in					
his/her body					
Ability to release					
unnecessary					
tension and work					
with efficiency					
Improved balance					
and coordination				AWARAN DOMES	
Improved breathing					
capacity, vocal					
ease and					
projection					
Completion of all					
assignments and					
activities on time					
Active					
participation in					
class activities					
and discussion					
Comments:					
Note: Your grade	Course Grad		dentship Gr	ade	arantae of nour
acceptance in	nto the Second	l Year of trai profess	ning or your	future succ	ess in this
I have read the	above repo	rt:			
Student's Signa	ture	Date In	structor's	Signature	— —— Date

Letter Grade:

- A = Student has fully demonstrated at a high level of competence all of the following:
 - Understanding the patterns of tension and collapse in his/her body and ability to describe these patterns
 - Release of unnecessary tension and ability to work with efficiency
 - Improved balance and coordination
 - Improved breathing capacity, vocal ease and projection
 - Improved ease, comfort level and confidence when performing

In the addition to technical competence, a student receiving an "A" grade should also have demonstrated creativity, originality and imagination in his/her approach to the work.

- B = Student has achieved the goals stated for the course, certain skills being stronger than others, but without consistent application.
- C = Student comprehends the goals intellectually, but is not able to apply them on a consistent basis and does not use his/her creativity and imagination fully. Student may not fully demonstrate a professional and disciplined approach to the work.
- D = Student lacks comprehension of the goals and/or is inadequate in achieving them. Student has serious problems with professionalism and/or discipline.
- F = Student fails to comprehend the goals stated for the semester.
- +/- may be added to any grade

STUDENTSHIP ASSESSMENT

For Academy records, a student receives two grades in every subject at the end of each term of work. The letter grade represents the level of competence demonstrated in that subject and the numerical grade represents the quantity of the studentship or effort that has been demonstrated.

The Studentship grade represents the quality of scholarly application and professional discipline demonstrated by the student in the work of the course. This grade is based on the following:

	Excellent All criteria met consistently	Good Most criteria met consistently	Below Average Student not meeting most criteria	Unacceptable/Failing Student did not meet any of the criteria
Eagerness to learn; a				
positive, searching attitude				
Full and purposeful				
participation in classroom				1
discussions and exercises				
Positive acceptance and use of criticism				
Full focus of concentration on the work being done in class				
Regular, prompt attendance				
Completion of all assignments on time The Final Studentship Crede is based on the				

The Final Studentship Grade is based on the assessment of the criteria listed above. The standards for this grade are:

- 1 Excellent-Student has consistently met all the above criteria.
- 2 Good-Student has consistently met most but not all of the criteria.
- 3 Below Average-Student is not fulfilling most Academy standards of studentship.
- 4 Unacceptable/Failing-Student has not fulfilled Academy standards of studentship.

Studentship may affect the Course Grade. A student must be present, ready to work and participate fully to benefit from course offerings.